

FROM OUR KITCHEN

Gluten Free versions of most these dishes are available, please ask your waiter

BREAKFAST PASTRIES

Our Breakfast Pastries are all baked from scratch by Lola's Bakers only using the finest ingredients and Organic Flour and Free Range Eggs.

Breakfast Muffins [V] [N] **GF** £2.50
Choose from our daily selection

Vegan Croissant [VE] £2.25
With jam and dairy-free butter £3.00

Croissant [V] £2.25
With jam and butter £3.00

Almond Croissant [V] £2.75

Pain Au Chocolate [V] £2.50

Pain Au Raisin [V] £2.50

Cinnamon Buns [V] **GF** £3.50

Simply Toast [V] £2.50
With jam and butter

Savoury Filled Croissant £3.95

PANCAKES AND FRENCH TOAST

Pancakes with Seasonal Fruit Compote [V] **GF** £9.25

Pancakes stacked with seasonal fruit compote and crème fraiche

Pancakes with Banana and Maple Syrup [V] [N] **GF** £9.25

Pancakes stacked with banana, maple syrup, chai spiced yoghurt, and toasted pecan nuts

Pancakes Nutella with Banana Slices [M] [N] **GF** £9.25

Blueberry Pancakes with Grilled Bacon and Maple Syrup **GF** £10.25

Served with fresh fruit and crème fraiche

Cinnamon French Toast [V] £8.25

Served with apple compote and three mini brioche

French Toast Nice and Plain with Sugar and Lemon [V] £8.25

Served with three mini brioche

French Toast with Maple Syrup and Grilled Bacon £9.25

Served with three mini brioche

French Toast with Bananas and Chocolate Sauce [V] £9.25

Served with three mini brioche

CLASSIC BRUNCH

Classic English Breakfast £11.00

Free-range pork sausage [GF], bacon, grilled tomato, 2 eggs (poached or scrambled), baked beans, field mushroom. Toast served with butter and jam

Vegetarian English Breakfast [V] £11.00

Peppery mushroom and pea protein sausage, grilled tomato, mushroom, 2 eggs (poached or scrambled), quinoa burger, paprika spiced yoghurt, sweet potato houmous. Toast served with butter and jam

Mediterranean Shakshuka [V] [N] £11.00

Free-range eggs with feta, harissa tomato sauce, onion, peppers and coriander served with brown pitta bread

EGGS

Boiled Eggs With Soldiers [V] £5.00

2 eggs soft-boiled, served with toasted soldiers

Scrambled Eggs on Toast [V] £7.25

3 free-range scrambled eggs served on toast with grilled tomato

Scrambled Eggs on Toast With Smoked Salmon £10.25

Smoked salmon, grilled tomato, 3 free-range scrambled eggs served on toast

Smoked Salmon Royale £11.00

Smoked salmon, free-range poached eggs and hollandaise sauce served on toast

Eggs Benedict £10.25

Sliced ham with poached free-range eggs served on toast

Mushrooms And Poached Eggs on Toast [V] £9.50

Trio of sautéed field mushrooms with poached free-range eggs on toast

Crispy Bacon Open Sandwich £9.50

Free-range eggs fried or poached with crispy bacon served on toast

3 Eggs Omelette Nice and Plain [V] £8.00

With a toast on the side

SIDES

£2.00 £3.00

Baked Beans
Grilled Tomato
Portobello Mushrooms
Quinoa Burger
Mushroom and pea protein sausage [VE]
Hollandaise Sauce

2 Eggs of your choice (fried, scrambled, poached)
Crispy Bacon
Pork Sausage [GF]
Avocado
Smoked Salmon
Halloumi

AVOCADO DISHES

Avocado and Poached Eggs on Toast [V] £10.25

Sliced avocado with poached free-range eggs served on toast with paprika spiced yoghurt

Avocado Crushed with a Touch of Chilli Oil, Poached Eggs on Toast [V] £10.25

Avocado Shakshuka [V] £10.25

Sliced avocado on a bed of warm tomato shakshuka with poached eggs on toast

Avocado Smoked Salmon £12.00

Sliced avocado, smoked salmon and poached eggs with toast on the side

Avocado Crushed with Grilled Bacon and Poached Eggs on Toast £11.00



SWEET TREATS

At Lola's Bakery we bake everything from scratch. Free from additives, using organic flours, natural ingredients and a lot of love

Cookies **V GF** £1.75

Muffins **V GF** £2.50

Brownies **V GF** £3.25
Served warm with Ice Cream **V GF** £3.95

Cupcakes **V GF** £3.95

Gluten Free Scones **V GF** £2.75
Served with Jam & Butter/Clotted Cream **V GF** £3.95

Cinnamon Buns **V GF** £3.50

LOAF / BUNDT SLICES

Vegan Carrot Cake **Va GF FRS** £3.50

Coffee Walnut **V GF** £3.50

Chocolate Beetroot **V GF** £3.50

Marble **V GF** £3.50

MINI CHEESECAKES

Original **V GF NF** £4.50

Blueberry **V GF NF** £4.50

Chocolate **V GF NF** £4.50

LOLA'S BAKERY SINGLE LAYER CAKE

£4.75

Vegan Toasted Almond with Raspberry and Chocolate **Va GF FRS**

Vegan Courgette with Lime and Basil **Va GF FRS**

Vegan Lemon Polenta with Blueberry Compote **Va GF**

Vegan Pear and Hazelnut **Va GF**

Vegan Apple Pie **Va GF**

Truffle Cake **V GF**

LOLA'S BAKERY LAYER CAKES

£4.75

Carrot Cake **V GF**

Natural Red Velvet **V GF NF**

Victoria Sponge **V GF NF**

Lola's Vegan Fudge **Va GF NF FRS**

Vegan Lemon and Raspberry **Va GF**

Cake of the Week (For allergens please ask waiter)



The GF symbol refers to dishes made with measures in place to avoid gluten contamination, as accredited by Coeliac UK. Processes and training are in place to ensure that the meals on the menu are gluten free. Gluten free describes foods that contain gluten at a level of no more than 20 parts per million (ppm).

All our food is prepared in a kitchen where other cross contamination risks may occur. Full allergen information is available upon request. If you have a question, food allergy or intolerance please let us know before placing your order.



The menu items From Our Kitchen are served till 3pm

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FROM OUR COUNTER

All these menu items are served from our counter and subject to availability
Please ask our member of staff as to what we have or pop up and have a look for yourself...

TOASTED CIABATTA

Served with a Side Salad of Your Choice

Tuna Ciabatta	£7.50
<i>Tuna with herb garlic butter, capers and Barbers English mature cheddar</i>	
Mozzarella, Tomato, Rocket, and Pesto [V]	£7.50
Garlic Mushrooms, Caramelised Onions, Swiss Cheese [V]	£7.50
Smoked Bacon, Brie and Cranberry Chutney	£7.50

FILLED ROLLS

Served with a Side Salad of Your Choice

Smoked Salmon With Cream Cheese And Dill	£6.95
<i>Smoked salmon with dill and cream cheese, sliced boiled egg, served in a charcoal brioche roll</i>	
Tuna With Fresh Green Salad	£6.95
<i>Tuna mayonnaise with salad, served in a charcoal brioche roll</i>	
Mozzarella With Basil And Tomato [V]	£6.95
<i>Buffalo mozzarella, tomato and basil, served in a charcoal brioche roll</i>	
Cheese Ploughman's [V]	£6.95
<i>Barbers Cheddar, tomato and piccalilli, sliced boiled egg, served in a campaillou roll or granary baguette</i>	
Ham And Cheese Ploughman's	£6.95
<i>Ham, Barbers Cheddar and piccalilli, sliced boiled egg, served in a campaillou roll or granary baguette</i>	
Quinoa And Sweet Potato Houmous Burger [VE]	£6.95
<i>Served in a campaillou roll with sweet potato, houmous and chickpeas</i>	
Chicken Mayo	£6.95
<i>Free-range chicken, sun-dried tomato mayo with basil pesto, fresh tomatoes and salad. Served in a charcoal brioche roll</i>	

SAVOURY TARTS

Served with a Side Salad of Your Choice

Mushroom and Red Onion Cheese Tart [V]	£6.50
<i>Mushrooms and red onions roasted with thyme and rosemary, baked into a tart with free-range eggs, mature cheddar and herbs</i>	
Super Green Tart With Tenderstem Broccoli and Tomato [V]	£6.50
<i>Tenderstem broccoli, cherry tomatoes, feta cheese and rocket, baked into a tart with free-range eggs</i>	

SEASONAL SALADS

£7.50

Choose from our counter to mix & match and create your own salad plate

Classic Chicken Caesar Salad
with Lola's home-made Caesar dressing

Green Salad [VE] GF
Green leaves with seasonal vegetables and a light dressing

Butternut Squash Salad [V] GF
Butternut squash with mixed leaves, feta cheese and mustard vinaigrette dressing

Today's Daily Special Salad
Please ask your waiter for details

Green Side Salad [V] £3.25

OUR HOT AND COLD DRINKS

ORGANIC COFFEES **double shot**

Drink it with: organic milk (whole or skimmed), soya milk, almond milk, coconut milk. Decaffeinated available.

	Single	Double
Espresso	£2.00	£2.40
Cappuccino		£3.25
Latte		£3.25
Chai Latte		£3.25
Flat White		£3.25
Americano		£2.50
Macchiato	£2.10	£2.55
Caffé Mocha		£3.50
Blended Iced Coffee		£3.50
Babycino		£0.50

ORGANIC TEAS **per single pot**

£2.25

English Breakfast / Earl Grey
Green Tea / Rooibos
Fruit Tea
Chamomile / Peppermint
Fresh Mint

HOT CHOCOLATE

Belgian Hot Chocolate £3.20

Deluxe Hot chocolate £3.65
With marshmallow and chocolate sauce

HOT OR ICED TONICS

£3.50

Bullet Proof Coffee
Espresso, coconut oil, grass fed butter

Matcha Tea Latte [N]
matcha green tea, almond milk, honey (optional)

Golden Milk [N]
Unsweetened almond milk, fresh turmeric, fresh ginger, honey

Hot Cacao Tonic [N]
Cacao powder, almond milk, honey

SOFT DRINKS

33cl 75cl

Still / Sparkling Water £1.95 £3.95

Fentiman's Botanical Drinks £2.25
Victorian Lemonade, Wild English Flower, Rose Lemonade

Cawston Sparkling Drinks £1.75
Apple & Rhubarb, Cloudy Apple, Elderflower

JUICES

All our juices and smoothies are vegan and made with organic fruit and vegetables. GF [VE][FRS]

Work-Out Refresher £4.95
Celery, cucumber, apple, lemon

Power House £4.95
Beetroot, carrot, cucumber, apple, lime, mint, ginger

Fresh Organic Carrot Juice £4.25

Organic Cold Press Orange Juice £2.75

Organic Cold Press Apple Juice £2.75

SMOOTHIES

Pineapple Passion £4.95
Pineapple, passion fruit juice, lime

Daily Booster £4.95
Carrot, banana, pineapple, ginger, turmeric

SHAKES

£3.50

Berry Magic [N] [FRS] [VE]
Raspberries, strawberries, blueberries, blackberries, date syrup, coconut yoghurt, almond milk

Green Monster [N] [FRS] [VE]
Banana, spinach, date syrup, almond milk

Choka Chocolate [N] [FRS] [VE]
Cocoa powder, medjool date, almond milk, coconut yoghurt

CUPCAKE MILKSHAKES

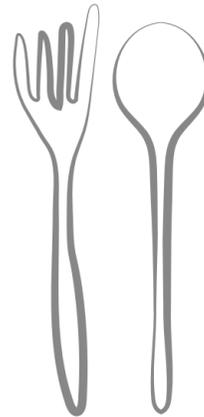
£4.50

Add your Favourite Cupcake to organic ice cream and milk...
for an irresistible treat [N]

WINES	12.5cl	75cl
Organic House Red	£3.95	£16.95
Organic House White Wine	£3.95	£16.95
Organic House Rose Wine	£3.95	£16.95
Prosecco	£3.95	£16.95

Please note wines can only be served with a full meal and to customers over the age of 18. ID may be requested.

MENU



LOLA'S
· BAKERY ·

The menu items above are served till Close

[GF] Gluten Free* - [VE] Vegan - [V] Vegetarian - [N] Contains Nuts - [DF] Dairy Free - [FRS] Refined Sugar Free

* An ingredient we use where our supplier has guaranteed this product is Gluten Free, but may be cross contaminated with other products in our kitchen.

Please inform a member of our team if you suffer from any food allergies. All of our bread and baked goods use organic flour. Due to cross contamination, our food may contain traces of nuts and gluten.

At busy times we apologise that we may not be able to alter or adjust our dishes. 12.5% optional service charge will be added to your bill.

[VE] Vegan [N] Contains Nuts [FRS] Refined Sugar Free