FROM OUR KITCHEN Gluten Free versions of most these dishes are available, please ask your waiter

BREAKFAST PASTRIES Our Breakfast Pastries are all baked from scratch by Lola's Bakers only using the finest ingredients and Organic Flour and Free Range Eggs. Breakfast Muffins[V][N] @ £2.50 Choose from our daily selection £2.25 Vegan Croissant[VE] With jam and dairy-free butter £3.00 £2.25 Croissant[V] £3.00 With jam and butter Almond Croissant[V] £2.75 Pain Au Chocolate[V] £2.50 Pain Au Raisin[V] £2.50 Cinnamon Buns [V] £3.50 Simply Toast[V] £2.50 With jam and butter Savoury Filled Croissant £3.95

LIGHT BREAKFAST

LIGITI BILLARI ASI	
Fresh Fruit Salad [VE]	£4.50
Porridge with Fruit Compote [FRS] [N] Organic oats cooked with almond milk and served with fruit compote OR choose from our range of milks	£4.50
Overnight Oats [FRS] [N] [VE] (F) Chilled overnight organic oats, coconut, pomegranate, mango, chia seed, almond milk, maple syrup	£4.50
Raspberry Chia Pudding [N] [VE] (The Chilled chia seeds, raspberries, coconut milk, berry compote and coconut yoghurt	£4.50
Lola's Grain-free Granola [FRS] [N] [V] Granola of cashew, walnuts, pumpkin seeds, coconut honey. Served with Greek style yoghurt, organic seasonal fruit compote,	£4.50

Light breakfast is served till midday

honey, bee pollen

PANCAKES AND FRENCH TOAST

Pancakes with Seasonal Fruit Compote [V] Pancakes stacked with seasonal fruit compote and crème fraiche	£8.75
Pancakes with Banana and Maple Syrup [V] [N] ① Pancakes stacked with banana, maple syrup, chai spiced yoghurt, and toasted pecan nuts	£8.75
Pancakes Nutella with Banana Slices[M][N]	£8.75
Blueberry Pancakes with Grilled Bacon and Maple Syrup	£9.75
Cinnamon French Toast [V] Served with apple compote and three mini brioche	£7.75
French Toast Nice and Plain with Sugar and Lemon[V] Served with three mini brioche	£7.75
French Toast with Maple Syrup and Grilled Bacon Served with three mini brioche	£8.75
French Toast with Bananas and Chocolate Sauce[V] Served with three mini brioche	£8.75

CLASSIC BRUNCH

and coriander served with brown pitta bread

Classic English Breakfast	£10.50
Free-range pork sausage [GF], bacon, grilled tomato,	
2 eggs (poached or scrambled), baked beans, field mushroom.	
Toast served with butter and jam	
Vegetarian English Breakfast[V]	£10.50
Vegan mushroom, carrot and tomato with parsley and sage sausage [GF], grilled tomato, mushroom, 2 eggs (poached or scrambled), guinoa burger,	
dukkah vegan yoghurt, houmous. Toast served with butter and jam	
Mediterranean Shakshuka[V][N]	£10.50
Free-range eggs with feta, harissa tomato sauce, onion, peppers	

EGGS

Boiled Eggs With Soldiers [V] 2 eggs soft-boiled, served with toasted soldiers	£4.50
Scrambled Eggs on Toast [V] 3 free-range scrambled eggs served on toast with grilled tomato	£6.75
Scrambled Eggs on Toast With Smoked Salmon Smoked salmon, grilled tomato, 3 free-range scrambled eggs served on toast	£9.75
Smoked Salmon Royale Smoked salmon, free-range poached eggs and hollandaise sauce served on toast	£10.50
Eggs Benedict Sliced ham with poached free-range eggs served on toast	£9.75
Mushrooms And Poached Eggs on Toast [V] Trio of sautéed field mushrooms with poached free-range eggs on toast	£9.00
Crispy Bacon Open Sandwich Free-range eggs fried or poached with crispy bacon served on toast	£9.00
3 Eggs Omelette Nice and Plain [V] With a toast on the side	£7.50

SIDES

£2.00	£3.00
Baked Beans Poached Egg Fried Egg Grilled Tomato Portobello mushrooms Pork Sausage [GF] Vegan mushroom, carrot and tomato with parsley and sage sausage [GF] Hollandaise Sauce	Scrambled Eggs Crispy Bacon Avocado Smoked Salmon Halloumi

AVOCADO DISHES

Sliced avocado with poached free-range eggs served on toast with dukkah yoghurt	a9.73
Avocado Crushed with a Touch of Chilli Oil, Poached Eggs on Toast[V]	£9.75
Avocado Shakshuka [V] Sliced avocado on a bed of warm tomato shakshuka with poached eggs on	£9.75
Avocado Smoked Salmon Sliced avocado, smoked salmon and poached eggs with toast on the side	£11.50
Avocado Crushed with Grilled Bacon and Poached Eggs on Toast	£10.50



Avocado and Poached Eggs on Toast [V] Sliced avocado with poached free-range eggs served on toast with dukkah yoghurt	£9.75
Avocado Crushed with a Touch of Chilli Oil, Poached Eggs on Toast[V]	£9.75
Avocado Shakshuka [V] Sliced avocado on a bed of warm tomato shakshuka with poached eggs	£9.75 on toast
Avocado Smoked Salmon Sliced avocado, smoked salmon and poached eggs with toast on the sid	£11.50
Avocado Crushed with Grilled Bacon	£10.50



SWEET TREATS

At Lola's Bakery we bake everything from scratch. Free from additives, using organic flours, natural ingredients and a lot of love

Cookies	v q	£1.75	LOLA'S BAKERY SINGLE LAYER CAKI
Muffins	(V)	£2.50	Vegan Toasted Almond with Raspberry and Chocolate
Brownies Served warm with Ice Cream	v 9	£3.25 £3.95	Vegan Courgette with Lime (%) (\$\mathbf{G} = \mathbf{G}) (\$\mathbf{G} = \ma
Cupcakes	(V)	£3.95	and Basil Vegan Lemon Polenta with
Gluten Free Scones Served with Jam & Butter/Clotted Cream	V G	£2.75 £3.95	Vegan Lemon Polenta with (6)
Cinnamon Buns	(V)	£3.50	Vegan Pear and Hazelnut (6)
LOAF / BUNDT SLICES		£3.50	Vegan Apple Pie
	0.00	£3.50	iruille Cake
Vegan Carrot Cake	Ve G FRS		LOLA'S BAKERY LAYER CAKES
Coffee Walnut	♥		Carrot Cake V 🐨
Chocolate Beetroot	V G		Natural Red Velvet
Marble	V G		
			Victoria Sponge V 🖫 🖫
MINI CHEESECAKES		£4.50	Lola's Vegan Fudge
Original	V G NE		Vegan Lemon and Raspberry 🕪 🕼
Blueberry	V F NF		Cake of the Week (For allergens please ask waiter)
Chocolate	V G NF		



The GF symbol refers to dishes made with measures in place to avoid gluten contamination, as accredited by Coeliac UK. Processes and training are in place to ensure that the meals on the menu are gluten free. Gluten free describes foods that contain gluten at a level of no more than 20 parts per million (ppm).

All our food is prepared in a kitchen where other cross contamination risks may occur. Full allergen information is available upon request. If you have a question, food allergy or intolerance please let us know before placing your order.



The menu items From Our Kitchen are served till 3pm

The menu items From Our Kitchen are served till 3pm

FROM OUR COUNTER

All these menu items are served from our counter and subject to availability Please ask our member of staff as to what we have or pop up and have a look for yourself...

TOASTED CIABATTA

Served with a Side Salad of Your Choice	
Tuna Ciabatta Tuna with herb garlic butter, capers and Barbers English mature cheddar	£7.50
Mozzarella, Tomato, Rocket, and Pesto[V]	£7.50
Garlic Mushrooms, Caramelised Onions, Swiss Cheese[V]	£7.50
Smoked Bacon, Brie and Cranberry Chutney	£7.50

FILLED ROLLS

Served with a Side Salad of Your Choice

Smoked Salmon With Cream Cheese And Dill Smoked salmon with dill and cream cheese, sliced boiled egg, served in a charcoal brioche roll	£6.95
Tuna With Fresh Green Salad Tuna mayonnaise with salad, served in a charcoal brioche roll	£6.95
Mozzarella With Basil And Tomato[V]	£6.95

Buffalo mozzarella, tomato and basil, served in a charcoal brioche roll Cheese Ploughman's [V] Barbers Cheddar, tomato and piccalilli, sliced boiled egg,

served in a campaillou roll or granary baguette

Ham And Cheese Ploughman's £6.95 Ham, Barbers Cheddar and piccalilli, sliced boiled egg, served in a campaillou roll or granary baquette

£6.95 Quinoa And Sweet Potato Houmous Burger [VE] Served in a campaillou roll with sweet potato, houmous and chickpeas

£6.95 Chicken Mayo Free-range chicken, sun-dried tomato mayo with basil pesto, fresh tomatoes and salad. Served in a charcoal brioche roll

Vegan Mediterranean [VE] £6.95 Avocado, black olive tapenade, sun dried tomatoes and spinach leaves served in a vegan campaillou roll

SAVOURY TARTS

Served with a Side Salad of Your Choice	
Mushroom and Red Onion Cheese Tart[V]	£6.5
Mushrooms and red onions roasted with thyme and rosemary,	
baked into a tart with free-range eggs, mature cheddar and herbs	

£6.50 Tenderstem broccoli, cherry tomatoes, feta cheese and rocket,

Tart of the Day £6.50

SEASONAL SALADS

Choose from our counter to mix & match and create your own salad plate

Classic Chicken Caesar Salad

Green Salad [VE]

Greek Salad [V]

Pesto Pasta Salad [V]

Today's Daily Special Salad Please ask your waiter for details

Served with a Side Salad of Your Choice	
Mushroom and Red Onion Cheese Tart [V] Mushrooms and red onions roasted with thyme and rosemary, baked into a tart with free-range eggs, mature cheddar and herbs	£6.50

Super Green Tart With Tenderstem Broccoli and Tomato[V]

baked into a tart with free-range eggs

£7.50

with Lola's home-made Caesar dressing

Green leaves with seasonal vegetables and a light dressing

Traditional Greek salad with herb dressing feta cheese, olives, cucumber and tomatoes

Served with sun dried tomatoes and mozzarella

Green Side Salad [V] £3.25

OUR HOT AND COLD DRINKS

ORGANIC COFFEES double shot

Drink it with: organic milk (whole or skimmed), soya milk, almond milk, coconut milk. Decaffeinated available.

	Siligle	Double
Espresso	£1.80	£2.40
Cappuccino		£3.00
Latte		£3.00
Chai Latte		£3.00
Flat White		£2.70
Americano		£2.30
Macchiato	£1.80	£2.40
Caffé Mocha		£3.25
Blended Iced Co	ffee	£3.25
Babycino		£0.50

ORGANIC TEAS per single pot £2.00

English Breakfast / Earl Grey Green Tea / Rooibos Fruit Tea Chamomile / Peppermint Fresh Mint

HOT CHOCOLATE

Belgian Hot Chocolate	£2.95
Deluxe Hot chocolate With marshmallow and chocolate sauce	£3.45

HOT OR ICED TONICS £3.50

Bullet Proof Coffee

Espresso, coconut oil, grass fed butter

Matcha Tea Latte [N] matcha green tea, almond milk, honey (optional)

Golden Milk [N]

Cherry Plum

Unsweetened almond milk, fresh turmeric, fresh ginger, honey

Original , Apple Crisp , Ginger , Raspberry Lemonade,

Hot Cacao Tonic [N] Cacao powder, almond milk, honey

SOFT DRINKS	33cl	75cl
Still / Sparkling Water	£1.95	£3.95
Fentiman's Botanical Drinks Victorian Lemonade, Wild English Flower, Rose Lemonade	£2.25	
Cawston Sparkling Drinks Apple & Rhubarb, Cloudy Apple, Elderflower	£1.75	
Kombucha Remedy Sparkling Drinks	£3.75	

JUICES

All our juices and smoothies are vegan and made with organic fruit and vegetables. (IVE)[FRS]		
Work-Out Refresher Celery, cucumber, apple, lemon	£4.95	
Power House Beetroot, carrot, cucumber, apple, lime, mint, ginger	£4.95	
Fresh Organic Carrot Juice	£4.25	
Organic Cold Press Orange Juice	£2.75	
Organic Cold Press Apple Juice	£2.75	
SMOOTHIES		
Pineapple Passion Pineapple, passion fruit juice, lime	£4.95	

SHAKES

£4.95

£3.50

£4.50

Berry Magic [N] [FRS] [VE]

Carrot, banana, pineapple, ginger, turmeric

Daily Booster

Raspberries, strawberries, blueberries, blackberries, date syrup, coconut yoghurt, almond milk

Green Monster [N] [FRS] [VE] Banana, spinach, date syrup, almond milk

Choka Chocolate [N] [FRS] [VE] Cocoa powder, medjool date, almond milk, coconut yoghurt

CUPCAKE MILKSHAKES

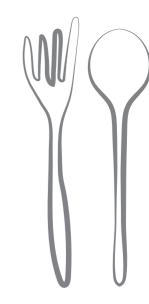
Add your Favourite Cupcake to organic ice cream and milk... for an irresistible treat [N]

WINES	12.5cl	75cl
Organic House Red Organic House White Wine Organic House Rose Wine Prosecco	£3.95 £3.95	£16.95 £16.95 £16.95 £16.95

Please note wines can only be served with a full meal and to customers over the age of 18. ID may be requested.

[VE] Vegan [N] Contains Nuts [FRS] Refined Sugar Free







£6.95