## **BREAKFAST PASTRIES**

Our Breakfast Pastries are all baked from scratch by Lola's Bakers only using the finest ingredients and Organic Flour and Free Range Eggs.

Breakfast Muffins [V] [GF] [N] Choose from our daily selection	£2.50
<b>Vegan Croissant</b> [VE] With jam and dairy-free butter	£2.25 £3.00
Croissant [V] With jam and butter	£2.25 £3.00
Almond Croissant[V]	£2.75
Pain Au Chocolate[V]	£2.50
Pain Au Raisin[V]	£2.50
Cinnamon Buns [GF] [V]	£3.50
Simply Toast [V] With jam and butter	£2.50
Savoury Filled Croissant	£3.95

# LIGHT BREAKFAST

Fresh Fruit Salad [VE]	£4.50
Porridge with Fruit Compote [GF] [FRS] [N] Organic oats cooked with almond milk and served with fruit compote OR choose from our range of milks	£4.50
<b>Overnight Oats</b> [GF] [FRS] [N] [VE] Chilled overnight organic oats, coconut, pomegranate, mango, chia seed, almond milk, maple syrup	£4.50
<b>Raspberry Chia Pudding</b> [GF] [FRS] [N] [VE] Chilled chia seeds, raspberries, coconut milk, berry compote and coconut yoghurt	£4.50
Lola's Grain-free Granola [V] [GF] [FRS] [N] Granola of cashew, walnuts, pumpkin seeds, coconut honey. Served with Greek style yoghurt, organic seasonal fruit compote, honey, bee pollen	£4.50
Light breakfast is served till midday	

## PANCAKES AND FRENCH TOAST

Can be on Gluten Free Pancakes or Regular Pancakes.

Pancakes with Seasonal Fruit Compote [V] Pancakes stacked with seasonal fruit compote and crème fraiche	£8.50
Pancakes with Banana and Maple Syrup [V] Pancakes stacked with banana, maple syrup, chai spiced yoghurt, and toasted pecan nuts	£8.50
Pancakes Nutella with Banana Slices $[V]\left[N\right]$	£8.50
Blueberry Pancakes with Grilled Bacon and Maple Syrup Served with fresh fruit and crème fraiche	£9.50
Cinnamon French Toast [V] Served with apple compote	£7.50
French Toast Nice and Plain with Sugar and Lemon $[V]$	£7.50
French Toast with Maple Syrup and Grilled Bacon	£8.50
French Toast with Bananas and Chocolate Sauce[V]	£8.50

## **CLASSIC BRUNCH**

<b>Classic English Breakfast</b> Free-range pork sausage [GF] or Free-range chicken sausage [GF], baca grilled tomato, 2 eggs (poached or scrambled), baked beans, field mushro Toast served with butter and jam	
Vegetarian English Breakfast [V] Red onion and rosemary vegan sausage [GF], grilled tomato, mushroom, 2 eggs (poached or scrambled), chickpeas in harissa sauce, dukkah vegan yoghurt, green shakshuka sauce. Toast served with butter and jam	£10.5
Mediterranean Shakshuka [V] [N] Free-range eggs with feta, harissa tomato sauce, onion, peppers and coriander served with gluten free almond flatbread or brown pitta bree	£9.5
Aubergine Shakshuka [V] [N] Made with fresh tomato sauce, roasted aubergine topped with chunks of feta cheese and free range eggs with gluten free almond flatbread or brown pitta bread	£9.5
Spinach Shakshuka [VE] Spicy green coriander and chilli sauce, tossed with baby spinach and serve vegan cream cheese and chilli roasted pumpkin seeds. Served with campai	

#### EGGS

2 eggs soft-boiled, served with toasted soldiers Scrambled Eggs on Toast[V] £6.50		
3 free-range scrambled eggs served on toast with grilled tomato   3 free-range scrambled eggs on Toast £10.50   With Smoked Salmon Smoked Salmon, grilled tomato, 3 free-range scrambled eggs   Smoked salmon, grilled tomato, 3 free-range scrambled eggs £10.50   Smoked Salmon Royale £10.50   Smoked Salmon, free-range poached eggs and hollandaise sauce \$10.50   Smoked salmon, free-range poached eggs and hollandaise sauce \$200   served on toast £9.50   2 poached eggs on a bed of sauteed spinach with hollandaise sauce on Toast £9.50   Sliced ham with poached free-range eggs served on toast £9.50   Sliced ham with poached free-range eggs served on toast £9.50   Mushrooms And Poached Eggs on Toast [V] £8.50   Trio of sautéed field mushrooms with poached free-range eggs on toast £8.50   Crispy Bacon Sandwich £8.50   Free-range eggs with crispy bacon served on toast \$3   3 Egg Veggie Omelette Nice and Plain [V] £7.50   With a toast on the side \$2   3 Egg Bacon and Sausage Omelette £10.50   As the name suggests with chopped pork or chicken sausage \$10.50	Boiled Eggs With Soldiers [V] 2 eggs soft-boiled, served with toasted soldiers	£4.50
With Smoked Salmon   Smoked salmon, grilled tomato, 3 free-range scrambled eggs   served on toast   Smoked Salmon Royale £10.50   Smoked salmon, free-range poached eggs and hollandaise sauce served on toast   Eggs Florentine [V] £9.50   2 poached eggs on a bed of sauteed spinach with hollandaise sauce on Toast £9.50   Sliced ham with poached free-range eggs served on toast £9.50   Sliced ham with poached free-range eggs served on toast £9.50   Mushrooms And Poached Eggs on Toast [V] £8.50   Trio of sautéed field mushrooms with poached free-range eggs on toast £8.50   Grispy Bacon Sandwich £8.50   Free-range eggs with crispy bacon served on toast £9.50   With a toast on the side £9.50   S Egg Veggie Omelette Nice and Plain [V] £7.50   With a toast on the side £9.50   Chopped tomato, grated Cheddar cheese and sautéed mushrooms with toast on the side £9.50   S Egg Bacon and Sausage Omelette £10.50   As the name suggests with chopped pork or chicken sausage and bacon pieces with toast on the side £10.50	Scrambled Eggs on Toast [V] 3 free-range scrambled eggs served on toast with grilled tomato	£6.50
Smoked salmon, free-range poached eggs and hollandaise sauce   served on toast   Eggs Florentine [V] £9.50   2 poached eggs on a bed of sauteed spinach with hollandaise sauce on Toast   Eggs Benedict £9.50   Sliced ham with poached free-range eggs served on toast   Mushrooms And Poached Eggs on Toast [V] £8.50   Trio of sautéed field mushrooms with poached free-range eggs on toast £8.50   Crispy Bacon Sandwich £8.50   Free-range eggs with crispy bacon served on toast £8.50   3 Eggs Omelette Nice and Plain [V] £7.50   With a toast on the side £9.50   3 Egg Veggie Omelette [V] £9.50   Chopped tomato, grated Cheddar cheese and sautéed mushrooms with toast on the side £9.50   3 Egg Bacon and Sausage Omelette £10.50   As the name suggests with chopped pork or chicken sausage and bacon pieces with toast on the side £10.50	With Smoked Salmon Smoked salmon, grilled tomato, 3 free-range scrambled eggs	£10.50
2 poached eggs on a bed of sauteed spinach with hollandaise sauce on Toast Eggs Benedict £9.50 Sliced ham with poached free-range eggs served on toast Mushrooms And Poached Eggs on Toast [V] £8.50 Trio of sautéed field mushrooms with poached free-range eggs on toast Crispy Bacon Sandwich £8.50 Free-range eggs with crispy bacon served on toast 3 Eggs Omelette Nice and Plain [V] £7.50 With a toast on the side 3 Egg Veggie Omelette [V] £9.50 Chopped tomato, grated Cheddar cheese and sautéed mushrooms with toast on the side 3 Egg Bacon and Sausage Omelette £10.50 As the name suggests with chopped pork or chicken sausage and bacon pieces with toast on the side	Smoked salmon, free-range poached eggs and hollandaise sauce	£10.50
Sliced ham with poached free-range eggs served on toast Mushrooms And Poached Eggs on Toast [V] £8.50 Trio of sautéed field mushrooms with poached free-range eggs on toast Crispy Bacon Sandwich £8.50 Free-range eggs with crispy bacon served on toast 3 Eggs Omelette Nice and Plain [V] £7.50 With a toast on the side 3 Egg Veggie Omelette [V] £9.50 Chopped tomato, grated Cheddar cheese and sautéed mushrooms with toast on the side 3 Egg Bacon and Sausage Omelette £10.50 As the name suggests with chopped pork or chicken sausage and bacon pieces with toast on the side		£9.50
Trio of sautéed field mushrooms with poached free-range eggs on toast   Crispy Bacon Sandwich £8.50   Free-range eggs with crispy bacon served on toast £7.50   3 Eggs Omelette Nice and Plain [V] £7.50   With a toast on the side £9.50   Chopped tomato, grated Cheddar cheese and sautéed mushrooms with toast on the side £9.50   3 Egg Bacon and Sausage Omelette £10.50   As the name suggests with chopped pork or chicken sausage and bacon pieces with toast on the side £10.50		£9.50
Free-range eggs with crispy bacon served on toast <b>3 Eggs Omelette Nice and Plain</b> [V] £7.50 With a toast on the side <b>3 Egg Veggie Omelette</b> [V] £9.50 Chopped tomato, grated Cheddar cheese and sautéed mushrooms with toast on the side <b>3 Egg Bacon and Sausage Omelette</b> £10.50 As the name suggests with chopped pork or chicken sausage and bacon pieces with toast on the side		£8.50
With a toast on the side <b>3 Egg Veggie Omelette</b> [V] £9.50 Chopped tomato, grated Cheddar cheese and sautéed mushrooms with toast on the side <b>3 Egg Bacon and Sausage Omelette</b> £10.50 As the name suggests with chopped pork or chicken sausage and bacon pieces with toast on the side	15	£8.50
Chopped tomato, grated Cheddar cheese and sautéed mushrooms with toast on the side 3 Egg Bacon and Sausage Omelette £10.50 As the name suggests with chopped pork or chicken sausage and bacon pieces with toast on the side		£7.50
As the name suggests with chopped pork or chicken sausage and bacon pieces with toast on the side	Chopped tomato, grated Cheddar cheese and sautéed mushrooms	£9.50
Replace Toast with 2 Potato Rostis for £2.00 extra	As the name suggests with chopped pork or chicken sausage	£10.50
	Replace Toast with 2 Potato Rostis for £2.00 extra	

SIDES	
£1.50	£3.00
Baked Beans Poached Egg Fried Egg Grilled Tomato Portobello mushrooms Pork Sausage [GF] Chicken Sausage [GF] Vegan Red Onion and Rosemary Sausage [GF]	Scrambled Eggs Crispy Bacon Avocado Smoked Salmon Halloumi 2 Potato Rostis

The menu items From Our Kitchen are served till 4pm midweek and 6pm weekends

or brown pitta bread

#### The menu items From Our Kitchen are served till 4pm midweek and 6pm weekends

Please inform a member of our team if you suffer from any food allergies. All of our bread and baked goods use organic flour. Due to cross contamination, our food may contain traces of nuts and gluten. At busy times we apologise that we may not be able to alter or adjust our dishes. 12.5% optional service charge will be added to your bill.

### AVOCADO DISHES

Avocado and Poached Eggs on Toast [V] Sliced avocado with poached free-range eggs served on toast with dukkah yoghurt	£9.50
Avocado Crushed with a Touch of Chilli Oil, Poached Eggs on Toast[V]	£9.50
Avocado Shakshuka [V] Sliced avocado on a bed of warm tomato shakshuka with poached eggs on	£9.50 toast
Avocado Smoked Salmon Sliced avocado, smoked salmon and poached eggs with toast on the side	£11.50
Avocado Tricolore [V] Sliced avocado, beef tomatoes and mozzarella with a balsamic dressing with toast on the side	£9.50
Avocado Chicken Grilled Middle Eastern spiced chicken slices on crushed avocado with toas	£10.50 t on the side
Avocado Crushed with Grilled Bacon and Poached Eggs on Toast	£10.50
Avocado Tuna Sliced avocado with tuna mayo and tomato on toast	£10.50

Replace Toast with 2 Potato Rostis for £2.00 extra

## RAREBITS

Welsh Rarebit [V] [GF] Traditional Welsh rarebit on toast with caramelised onions, served with roasted tomato	£7.50
Poached Egg Rarebit [V] Our Welsh rarebit with poached eggs on top , and roasted tomato	£9.50
Bacon Rarebit Our Welsh rarebit with grilled streaky bacon and roasted tomato	£9.50
And if you are really hungry	
Full English Rarebit Our Welsh rarebit with crispy bacon, grilled pork sausage or chicken sausage, poached egg, grilled portobello mushroom and roasted tomato	£12.50
Full Veggie Rarebit [V] Our Welsh rarebit with veggie sausage, roasted tomato, grilled portobello mushroom, poached egg and green shakshuka sauce	£12.50

### TOASTS

BLT	£8.50
Crispy bacon, avocado, rocket lettuce, and tomato on toasted bread	
Tarragon, Chicken and Mushrooms	£10.50
with Taleggio	
Sautéed mushrooms free-range pulled chicken, Taleggio cheese, herb salac tarragon dressing on toasted bread	d,
tan agon aressing on toasted bread	
Smoked Salmon and Cream Cheese	£10.50
On toast with a side green salad	
	010 50
Grilled Goats Cheese, Piquilla Peppers and Portobello Mushroom[V]	£10.50
Served with Lola's tomato relish with side salad	
Grilled Chicken Fillet with	£10.50
Dukkah Yogurt	
Juicy tomato and lettuce on toast with side salad	

## **VEGAN BRUNCH SPECIALS**

Gluten Free versions of all these dishes are available.

Vegan English Breakfast[VE]	£10.50
Vegan red onion and rosemary sausage [GF], grilled tomato, mushroom,	
vegan quinoa courgette rosti, chickpeas in harissa sauce, dukkah vegan y	oghurt,
green shakshuka sauce and campaillou toast	

Spinach Shakshuka[VE]	£9.50
Spicy green coriander and chilli sauce, tossed with baby spinach and served	l with
vegan cream cheese and chilli roasted pumpkin seeds. Served with campaill	ou toast
or brown pitta bread	

Avocado on Toast [VE] £7.00 Avocado with vegan dukkah yoghurt, served on campaillou toast with herb salad garnish

Mushrooms on Toast[VE]	£7.00
Sautéed mushrooms in a chive and vegan cheese sauce, served on campai	illou toast
with herb salad garnish	

Vegan Courgette and Quinoa Burger [VE] £9.50 Served with Pigiullo peppers, roasted aubergine and herby vegan mayo and lettuce on vegan toast

# SOUP OF THE DAY

Served with Organic	Bread	£6.95
Please ask a your waiter for details		



## SWEET TREATS

At Lola's Bakery we bake everything from scratch. Free from additives, using organic flours, natural ingredients and a lot of love

Cookies (V@)	£1.75
Muffins (V)@P	£2.50
Brownies Served warm with ice cream V GP	£3.25 £3.95
Cupcakes V@	£3.95
Loaf / Bundt slices Vegan Carrot Cake (%)@P#8 Coffee Walnut (V)@P Chocolate Beetroot (V)@P Marble (V)@P	£3.50
Lola's Bakery Single Layer Cake Toasted Almond with Raspberry and Chocolate Courgette with Lime and Basil Lemon Polenta with Blueberry Compote Pear and Hazelnut Truffle Cake V@F	£4.75
Lola's Bakery LayerCakesCarrot CakeV @Natural Red VelvetV @Victoria SpongeV @Lola's Vegan FudgeW @Vegan Lemon and RaspberryWe @Cake of the Week(For allergens please ask waiter)	£4.75
Mini Cheesecakes Original V@W Blueberry V@W Chocolate V@W	£4.50
Gluten Free Scones (V)@F Jam & Butter/Clotted Cream (V)@F	£2.75 £3.95
Cinnamon Buns V@	£3.50