

LIGHT BREAKFAST (available until 11am)

Fresh Fruit Salad	£3.50
Organic Porridge [GF] [FRS] [N] <small>Organic oats cooked with almond milk and served with fruit compote OR choose from our range of milks</small>	£4.00
Overnight Oats [GF] [FRS] [N] <small>Chilled overnight organic oats, coconut, pomegranate, mango, chia seed, almond milk, maple syrup</small>	£4.50
Raspberry Chia Seed Pudding [GF] [FRS] [N] <small>Chilled chia seed, raspberry, coconut milk, mixed berries compote & greek yoghurt</small>	£3.50
Mango Chia Seed Pudding [GF] [VE] [FRS] <small>Chia seed, coconut milk, coconut yoghurt, coconut chips, mango, hemp seed hearts</small>	£3.50
Lola's Grain Free Granola [GF] [FRS] [N] <small>Granola of cashew, walnuts, pumpkin seeds, coconut, honey served with Greek yoghurt, organic seasonal fruit compote, honey and bee pollen</small>	£4.50
Chocovado Mousse [GF] [VE] <small>Rich chocolate avocado truffle mousse, toasted chopped nuts & cocoa crunch</small>	£4.50

BREAKFAST SPECIALS (available until 4pm)

Classic English Breakfast <small>Free range Gloucestershire pork sausage [GF] or chicken sausage, free range streaky bacon, grilled tomato, 2 eggs (poached or scrambled), mushroom, buttered toast & jam</small>	£7.50
Vegetarian Breakfast [V] <small>Vegetarian sausage, grilled tomato, mushroom, 2 eggs (poached or scrambled), chickpea in harissa tomato sauce, buttered toast & jam</small>	£6.50
Cinnamon French Toast [V] <small>Served with vanilla apple compote</small>	£5.50
Four Pancake Stack with Seasonal Fruit Compote [V] [GF] <small>4 pancakes, seasonal fruit compote, crème fraiche</small>	£5.50
Autumn Pancakes with banana, maple syrup & chai spiced yoghurt [GF] [V] <small>4 pancakes, banan, maple syrup, chai spiced yoghurt & toasted pecan nuts</small>	£5.50
Ricotta on Toasted Brioche with Seasonal Fruit Compote [V] [N] <small>Whole milk ricotta, seasonal fruit compote on toasted brioche</small>	£5.50

BRUNCH (available until 4pm)

Boiled Eggs with Soldiers [V] <small>2 soft boiled free range eggs, toasted soldiers</small>	£3.50
Scrambled Egg on Toast [V] <small>3 free range scrambled eggs on toast</small>	£4.50
Smoked Salmon Royale <small>Organic smoked salmon, free range poached egg, hollandaise sauce on toast</small>	£7.50
Benedict <small>Cooked ham, free range poached egg, hollandaise sauce on toast</small>	£6.00
Avocado on Toast [V] <small>Avocado, free range poached egg, dukka spiced yoghurt</small>	£6.50
Mushroom on Toast [V] <small>Sautéed Mushroom with free range poached egg on toast</small>	£6.50
Crispy Bacon Sandwich <small>Free range fried eggs with crispy bacon on toast</small>	£5.50
Shakshuka [GF] [V] [N] <small>Free range baked eggs with feta, harissa tomato sauce, onion, peppers & coriander served with almond flatbread</small>	£8.50

SIDES £1.25 £2.50

Poached Egg	3 Scrambled Eggs
Fried Egg	Crispy Bacon
Pork Sausage	Avocado
Chicken Sausage	Smoked Salmon

FROM THE BAKERY

Breakfast Muffins [V] [GF] [N] <small>Choose from our sweet & savoury daily selection</small>	£2.50
Vegan Croissant [VE] <small>With jam & dairy free butter</small>	£2.25 £3.00
Croissant [V] <small>With jam & butter</small>	£2.25 £3.00
Pain au Chocolate [V]	£2.50
Pain Au Raisin [V]	£2.50
Cinnamon & Pecan Swirls [V] [N]	£2.75
Simply Toast [V] <small>Served with butter and jam</small>	£2.50